Quotes for Essay

Gender Equality

"A gender-equal society would be one where the word 'gender' does not exist: where everyone can be themselves"

- GLORIA STEINEM

"When God created man and woman, he was thinking, 'Who shall I give the power to, to give birth to the next human being?' And God chose woman. And this is the big evidence that women are powerful"

- MALALA YOUSAFZAI

"Gender equality is more than a goal in itself. It is a precondition for meeting the challenge of reducing poverty, promoting sustainable development and building good governance"

- KOFI ANNAN

"Achieving gender equality requires the engagement of women and men, girls and boys. It is everyone's responsibility"

- BAN KI-MOON

"I measure the progress of a community by the degree of progress which women have achieved"

- B. R. AMBEDKAR



"Women are the largest untapped reservoir of talent in the world"

- HILLARY CLINTON

"You educate a man, you educate a man. You educate a woman, you educate a generation"

- BRIGHAM YOUNG

"To educate girls is to reduce poverty"

- KOFI ANNAN

"Empower a woman - Empower a community"

- KOFI ANNAN

"When women do better economies do better"

- CHRISTINA LAGARDE

"There is no chance of the welfare of the world unless the condition of women is improved. It is not possible for a bird to fly on one wing"

SWAMI VIVEKANAND

"We cannot all succeed when half of us are held back"

- MALALA YOUSAFZAI

"The measure of any society is how it treats its women and girls"

- MICHELLE OBAMA

HUMANITY

"We may have different religions, different languages, different colored skin, but we all belong to one human race"

- KOFI ANNAN

"The best way to find yourself is to lose yourself in the service of others."

- Mahatma Gandhi

"Kindness is the language which the deaf can hear and the blind can see."

- Mark Twain

"The purpose of human life is to serve, and to show compassion and the will to help others."

- Albert Schweitzer

"If you want others to be happy, practice compassion. If you want to be happy, practice compassion."

- Dalai Lama

"No act of kindness, no matter how small, is ever wasted."

- Aesop

"We rise by lifting others."

- Robert Ingersoll

POVERTY

"Poverty is like a punishment for a crime you didn't commit."

- ELI KHAMAROV

"The greatest of evils and the worst of crimes is poverty."

- George Bernard Shaw

"Poverty is the parent of revolution and crime."

- Aristotle

"Overcoming poverty is not a gesture of charity. It is the protection of a fundamental human right, the right to dignity and a decent life."

- Nelson Mandela

"Poverty is the worst form of violence."

- Mahatma Gandhi

"Poverty is the absence of all human rights. The frustrations, hostility and anger generated by abject poverty cannot sustain peace in any society."

- Muhammad Yunus



"It is the health that is real wealth and not pieces of gold and silver"

MAHATMA GANDHI

"Time and health are two precious assets that we don't recognize and appreciate until they have been depleted."

Denis Waitley

"A healthy outside starts from the inside."

- Robert Urich

"A fit body, a calm mind, a house full of love. These things cannot be bought – they must be earned."

- Naval Ravikant

"The wish for healing has always been half of health."

- Lucius Annaeus Seneca

"A good laugh and a long sleep are the best cures in the doctor's book."

Irish proverb

"The more you understand yourself, the more silence there is, the healthier you are."

Maxime Lagacé

"Let food be thy medicine and medicine be thy food."

- Hippocrates

"To ensure good health: eat lightly, breathe deeply, live moderately, cultivate cheerfulness, and maintain an interest in life."

- William Londen

"Physical fitness is the first requisite of happiness."

Joseph Pilates

"Healthy citizens are the greatest asset any country can have."

- Winston Churchill

"Good health is not something we can buy. However, it can be an extremely valuable savings account."

- Anne Wilson Schaef

ENVIRONMENT AND CLIMATE CHANGE

"What we are doing to the forests of the world is but a mirror reflection of what we are doing to ourselves and to one another"

MAHATMA GANDHI

"This is our world, a common world. Everybody should feel a common responsibility"

- BAN KI MOON

"Climate change is simply, the greatest collective challenge we face as a human family"

- BAN KI MOON

"Sustainable development and climate change are two sides of the same coin"

- BAN KI MOON

"Climate change does not respect border; it does not respect who you are- rich and poor, small and big. Therefore, this is what we call global challenges, which require global solidarity"

- BAN KI MOON

What we are doing to the forests of the world is but a mirror reflection of what we are doing to ourselves and to one another."

- Mahatma Gandhi

"The Earth does not belong to us: we belong to the Earth."

- Marlee Matlin

"We won't have a society if we destroy the environment."

- Margaret Mead

"We do not inherit the earth from our ancestors; we borrow it from our children."

- Native American Proverb

"The Earth does not need us; we need the Earth."

- Unknown

"We won't have a society if we destroy the environment."

- Margaret Mead

"The environment is where we all meet; where we all have a mutual interest; it is the one thing all of us share."

- Lady Bird Johnson

"What we are doing to the world, collectively and individually, is unprecedented in the history of humanity."

- Thich Nhat Hanh

"Nature is not a place to visit. It is home."

- Gary Snyder

"The greatest threat to our planet is the belief that someone else will save it."

- Robert Swan

SUSTAINABLE DEVELOPMENT

"Sustainable development is the pathway to the future we want for all. It offers a framework to generate economic growth, achieve social justice, exercise environmental stewardship and strengthen governance"

- BAN KI MOON

"Our ancestors did great work for humanity. What will we do for the next generations?"

- By Lailah Gifty Akita

"There is no 'Plan B' because we do not have a 'Planet B.' We have to work and galvanize our action."

"There must be a better way to make the things we want, a way that doesn't spoil the sky, or the rain or the land."

- Paul McCartney

"There are no passengers on spaceship earth. We are all crew."

- Marshall McLuhan

"Because we don't think about future generations, they will never forget us."

- Henrik Tikkanen

"Forests are the lungs of our land."

- Franklin D. Roosevelt

YOUTH

"Any society that does not succeed in tapping into the energy and creativity of its youth will be left behind"

- KOFI ANNAN

"Young people should be at the forefront of global change and innovation. Empowered, they can be key agents for development and peace"

- KOFI ANNAN

INCLUSIVE DEVELOPMENT

"You cannot have peace without security, and you cannot have security without inclusive development"

- KOFI ANNAN

EDUCATION

"Literacy is a bridge from misery to hope"

- KOFI ANNAN

"One child, one teacher, one book and one pen can change the world"

MALALA YOUSAFZAI

"We want the education by which character is formed, strength of mind is increased, the intellect is expanded, and by which one can stand on one's own feet"

SWAMI VIVEKANAND

Education is the most powerful weapon which you can use to change the world."

- Nelson Mandela

"The direction in which education starts a man will determine his future in life."

- Plato

"The roots of education are bitter, but the fruit is sweet."

- Aristotle

"The beautiful thing about learning is that no one can take it away from you."

- B.B. King

"Education is the passport to the future, for tomorrow belongs to those who prepare for it today."

- Malcolm X

"The only thing that interferes with my learning is my education."

- Albert Einstein

"Education is not preparation for life; education is life itself."

John Dewey

"Education is the foundation upon which we build our future."

- Christine Gregoire

"Education is the key to unlocking the world, a passport to freedom."

- Oprah Winfrey

"Education is the ability to listen to almost anything without losing your temper or your self-confidence."

- Robert Frost

ETHICS

"Happiness is when what you think, what you say, and what you do are in a harmony"

- MAHATMA GANDHI

"Be truthful, gentle and fearless"

- MAHATMA GANDHI

"Heart is a very good fertilizer; anything we plant love, fear, hate, hope, revenge, jealousy-surely grows and bears fruit. We have to decide what to harvest"

- SWAMI VIVEKANAND

"We must become the change we want to see"

- MAHATMA GANDHI

"To believe in something, and not live it, is dishonest"

- MAHATMA GANDHI

SEVEN DANGERS TO HUMAN VIRTUE

- 1. Wealth without work
- 2. Pleasure without conscience
- 3. Knowledge without character
- 4. Business without ethics
- 5. Science without humanity
- 6. Religion without sacrifice
- 7. Politics without principle
- MAHATMA GANDHI

"You must not lose faith in humanity. Humanity is an ocean; if a few drops of the ocean area dirty, the ocean does not become dirty"

- MAHATMA GANDHI

"The best way to find yourself is to lose yourself in the service of others"

- MAHATMA GANDHI

"An eye for an eye only ends up making the whole world blind"

- MAHATMA GANDHI

"Strength does not come from physical capacity. It comes from an indomitable will"

MAHATMA GANDHI

"It has always been a mystery to me how men can feel themselves honored by the humiliation of their fellow beings"

- MAHATMA GANDHI

"Peace is its own reward"

- MAHATMA GANDHI

"The mind is everything. What you think, you become"

- BUDDHA

"Be kind to all creatures; this is the true religion"

- BUDDHA

"Purity, patience, and perseverance are the three essentials to success, and, above all, love"

SWAMI VIVEKANAND

"Gratitude is a flower that blooms in noble souls"

- POPE FRANCIS

"May your choices reflect your hopes, not your fears"

- NELSON MANDELA

"Nearly all men can stand adversity, but if you want to test a man's character, give him power"

- ABRAHAM LINCOLN

"Success is not about how much money you make, it's about the difference you make in people's lives"

- MICHELLE OBAMA

"Injustice anywhere is a threat to justice everywhere"

- MARTIN LUTHER KING JR.

"Greed has poisoned man's souls"

- CHARLIE CHAPLIN

"Educating the mind without educating the heart is no education at all"

- ARISTOTLE

"The best test of a man is authority."

- ANONYMOUS

"We are unnecessarily wasting our precious resources in wars... if we must wage war, we have to do it on unemployment, disease, poverty, and backwardness"

ATAL BIHARI VAJPAYEE

"Good governance depends on ability to take responsibility by both administration as well as people"

NARENDRA MODI

"Progress is more plausibly judged by the reduction of deprivation than by the further enrichment of the opulent"

- AMARTYA SEN

"The test of progress is not whether we add more to the abundance of those who have much; It is whether we provide enough for those who have little"

- FRANKLIN D ROOSEVELT

CHILDREN

"Children are like buds in a garden and should be carefully and lovingly nurtured, as they are the future of the Nation and the citizens of tomorrow"

- Pt. JAWAHAR LAL NEHRU

SCIENCE & TECH

"I fear the day when technology will suppress human interaction and the world will have a generation of idiots"

- ALBERT EINSTEIN

"The great thing about social media was how it gave a voice to voiceless people."

- JON RONSON

"Social media is reducing social barriers. It connects people on the strength of human values, not identities"

NARENDRA MODI

"It is dangerously destabilizing to have half the world on the cutting edge of technology while the other half struggles on the bare edge of survival"

- BILL CLINTON

"The Internet is becoming the town square for the Global village of tomorrow"

- BILL GATES

AGRICULTURE

"If agriculture fails, everything else will fail"

- M S SWAMINATHAN

Agriculture was the first occupation of man, and as it embraces the whole earth, it is the foundation of all other industries."

- E. W. Stewart

"No race can prosper till it learns there is as much dignity in tilling a field as in writing a poem."

- Booker T. Washington

DIVERSITY & INCLUSION

Diversity is the one true thing we all have in common. Celebrate it every day."

- Anonymous

"Our ability to reach unity in diversity will be the beauty and the test of our civilization."

– Mahatma Gandhi

"Diversity: the art of thinking independently together."

- Malcolm Forbes

"If we cannot end our differences, at least we can help make the world safe for diversity."

- John F. Kennedy

"It is time for parents to teach young people early on that in diversity there is beauty and there is strength."

- Maya Angelou

"We may have different religions, different languages, different colored skin, but we all belong to one human race."

– Kofi Annan

"Diversity is not about how we differ. Diversity is about embracing one another's uniqueness."

- Ola Joseph

"Diversity and inclusion, which are the real grounds for creativity, must remain at the center of what we do."

- Marco Bizzarri

- "Diversity is the key to creativity."
- John C. Maxwell

"Our cultural diversity has most certainly shaped our national character."

- Julie Bishop

SCIENCE & RELIGION

"All thinking men are atheists."

- Ernst Hemingway

"Atheism is so senseless and odious to mankind..."

- Issac Newton

"The notion that Science and Spirituality are somehow mutually exclusive does a disservice to both."

- Carl Sagan

"Science without Religion is lame and Religion without Science is blind"

- Einstein

"What can be asserted without evidence can be dismissed without evidence."

- Christopher Hitchens

Democracy

- "The best argument against democracy is a five-minute conversation with the average voter."
- Churchill

"The tyranny of a prince in an oligarchy is not so much dangerous to the public welfare as the apathy of a citizen in a democracy"

- Montesquieu

- "The ballot is stronger than the bullet."
- Abraham Lincoln

"There cannot be daily democracy without daily citizenship."

- Ralph Nader

"I understand democracy as something that gives the weak the same chance as the strong."

- Mahatma Gandhi

"Democracy is not law of the majority but protection of the minority."

- Albert Camus

"In a democracy, the individual enjoys not only the ultimate power, but carries the ultimate responsibility."

- Norman Cousins

Freedom of Speech, Liberty

"People demand freedom of speech as a compensation for the freedom of thought which they seldom use."

- Soren Kierkegaard

"They who can give up essential liberty to obtain a little temporary safety deserve neither liberty nor safety."

- Benjamin Franklin

"If liberty means anything at all, it means the right to tell people what they do not want to hear."

- George Orwell

"Liberty means responsibility. That is why most men dread it."

- George B. Shaw

"When governments fear the people, there is liberty. When the people fear the government, there is tyranny."

- Thomas Jefferson

Inequality

"I believe that virtually all the problems in the world come from inequality of one kind or another."

- Amartya Sen

"Progress is more plausibly judged by the reduction of deprivation than by the further enrichment of the opulent."

- Amartya Sen

"A nation will not survive morally or economically when so few have so much and so many have so little."

-Bernie Sanders

"There can be no peace as long as there is grinding poverty, social injustice, inequality, oppression, environmental degradation, and as long as the weak and small continue to be trodden by the mighty and powerful."

-Dalai Lama

"The test of our progress is not whether we add more to the abundance of those who have much it is whether we provide enough for those who have little."

- Franklin D. Roosevelt

Character

"Nearly all men can stand adversity, but if you want to test a man's character, give him power."

- Abraham Lincoln,

"Always do right. This will gratify some people, and astonish the rest."

- Mark Twain

"The great hope of society is individual character."

- William Ellery Channing